

# Six-Eight Rhythms

Practice each of the following 6-8 lessons beating *six* to a measure, emphasizing or slightly accenting counts 1 and 4 (1 2 3 4 5 6). Then review each lesson beating *two* to a measure, so that the first beat falls on count *one* and the second beat on count *four*. (1 2 3 4 5 6)  
(1 - - 2 - -)

